

Secondary

Autumn & Winter Menu 2024/2025



expresscoffee

Lancashire
County
Council 

**LANCASHIRE
CATERING SERVICE**



the right start

Come and join us for breakfast or morning break.

Selection of Cereals	70p
Creamy Porridge	60p
Hot Buttered Toast	25p
Bacon Barm	£1.60
½ Toasted Teacake	45p
½ Toasted Bagel	60p
Yoghurt	80p
Fresh Fruit Salad	80p / £1.50
Fresh Fruit Juice	From 70p
Bottled Water	From 65p
Milk Carton	From 60p



Week 1

Traditional Choice Meal Deal

- Monday** Swedish Style Pork or Vegetarian Meatballs with Herby Potatoes & Seasonal Vegetables
Tuesday Breaded Chicken Goujons with Katsu Curry Sauce & Spicy Vegetable Rice
Wednesday Roast of the Day with Traditional Trimmings Roast Potatoes & Seasonal Vegetables
Thursday Savoury Mince & Dumplings with Creamy Mashed Potatoes & Mixed Vegetables
Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

Vegetarian Choice Meal Deal

- Monday** Loaded Quorn Chilli Nachos with Steamed Rice & Mixed Salad
Tuesday Lancashire Cheese & Potato Pie with Mixed Vegetables or Baked Beans
Wednesday Vegetable Tikka Curry with Turmeric Rice & Coriander Naan
Thursday Homemade Vegetable Lasagne with Mixed Salad
Friday Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Cooks Selection of Pasta & Sauces with Homemade Garlic Bread are available daily

Hot Sandwich Choice Meal Deal

Choice of hot filled Panini or Pizza Pocket are available daily

Jacket Potato Choice Meal Deal

Choice of filled Oven Baked Jacket Potato with Mixed Salad are available daily

Desserts of the Day

- Monday** Apple Crumble & Custard
Tuesday Chocolate & Beetroot Cake
Wednesday Cooks Choice of Mousse
Thursday Carrot Cake
Friday Cocoa Krispie Cake

Week 2

Traditional Choice Meal Deal

- Monday** Big Brunch Booths Pork or Vegetarian Sausages, Free Range Omelette, Potato Wedges & Baked Beans
Tuesday Minced Beef & Onion Pie with Creamy Mashed Potatoes & Mixed Vegetables
Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
Thursday Chicken Tikka Masala with Turmeric Rice & Coriander Naan
Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

Vegetarian Choice Meal Deal

- Monday** Vegetable & Sweet Potato Biryani with Coriander Naan
Tuesday Loaded Crispy Crumb Vegetable Burger with Paprika Potato Wedges & Rainbow Slaw
Wednesday Sweet & Sour Quorn with Mixed Vegetable Rice & Spring Rolls
Thursday Cheddar Cheese Whirl with Herby Potatoes, Garden Peas or Baked Beans
Friday Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Cooks Selection of Pasta & Sauces with Homemade Garlic Bread are available daily

Hot Sandwich Choice Meal Deal

Choice of hot filled Panini or Pizza Pocket are available daily

Jacket Potato Choice Meal Deal

Choice of filled Oven Baked Jacket Potato with Mixed Salad are available daily

Desserts of the Day

- Monday** Paris Slice
Tuesday Vanilla Sponge with Chocolate Sauce
Wednesday Fruity Chocolate Trifle
Thursday Iced Finger
Friday Lemon Drizzle Cake

Week 3

Traditional Choice Meal Deal

- Monday** Pork or Vegetarian Sausage Toad in the Hole with Creamy Mashed Potatoes & Seasonal Vegetables
Tuesday Homemade Beef Lasagne with Mixed Salad
Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
Thursday Booths British Beef Burger with Chilli Mayo, Potato Wedges & Rainbow Slaw
Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

Vegetarian Choice Meal Deal

- Monday** Macaroni Cheese Bake with Mixed Vegetables & Crusty Bread
Tuesday Sweet Potato & Red Pepper Curry with Turmeric Rice & Coriander Naan
Wednesday Cooks Choice of Quiche with Baby Baked Potatoes & Baked Beans
Thursday Moroccan Style Vegetarian Meatballs with Lemon & Coriander Rice & Mixed Vegetables
Friday Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Cooks Selection of Pasta & Sauces with Homemade Garlic Bread are available daily

Hot Sandwich Choice Meal Deal

Choice of hot filled Panini or Pizza Pocket are available daily

Jacket Potato Choice Meal Deal

Choice of filled Oven Baked Jacket Potato with Mixed Salad are available daily

Desserts of the Day

- Monday** Jam Sponge with Custard
Tuesday Chocolate Brownie
Wednesday Cooks Choice of Mousse
Thursday Lemon Muffin
Friday Raspberry Bun

Week
1

WEEK COMMENCING

11th November, 2nd & 23rd December,
13th January, 3rd & 24th February,
17th March, 7th April & 28th April

Week
2

WEEK COMMENCING

18th November, 9th & 30th December,
20th January, 10th February, 3rd &
24th March, 14th April, 5th May

Week
3

WEEK COMMENCING

4th & 25th November, 16th December,
6th & 27th January, 17th February,
10th & 31st March, 21st April
& 12th May

A choice of Homemade
Cookies, Biscuits,
Flapjack , Low Sugar Jelly,
Yoghurt & Fruit
are available daily

Welcome to the new Lancashire school meal menu portal

The portal displays live, easy-to-read
allergen and nutritional details for each
recipe on all published menus served by
Lancashire County Catering.

There is also a planner function called 'ADD
TO MY MEAL' which allows you to see all
allergens and total nutritional value of a
main course, accompaniments, dessert and
drink contained within a full school lunch

Please use the URL below
or alternatively scan the
QR code, using the camera
on your mobile device, and
simply choose the menu
from the reverse of this leaflet.



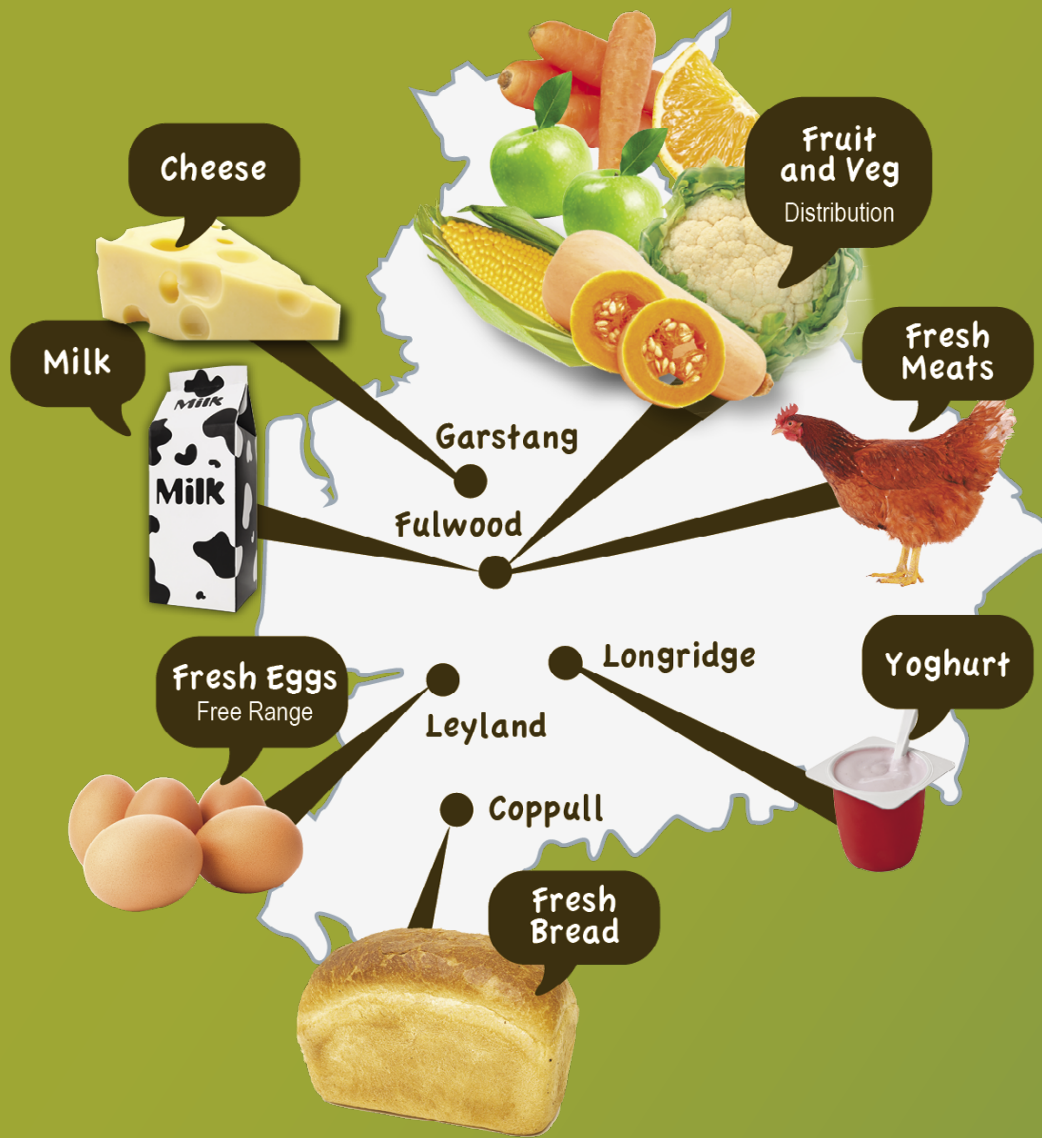
lancssecondary.mysaffronportal.com

Putting Fun into Food



All our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Whilst every effort is made to produce the published menu, please note that they may vary occasionally subject to availability.

Locally Sourced Food



We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

Special Diets and Allergies

It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements.

Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit www.lancashire.gov.uk/catering

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